



To Contact Board Members or the POA: call **579-2044** or e-mail at CSPOA@carolinashores.net

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Bulletin email: cspoabulletin@gmail.com

CSPOA website: www.carolinashoresPOA.org

Office Hours: Monday through Friday - 9:00 a.m. to 12:00 noon

Message from the Board – Joe Watts, President

It's that time of the year when we are almost in the habit of writing the date for the new year and we made our resolutions, or personal promise, to do or not to do something. Usually, the resolution is an effort to better our life, or lifestyle, in some way based on our past experiences and expectations whether positive or negative as defined by our perspective and mindset, stresses or worries.

Adapted from The Weight of The Glass (author unknown)

On the last day of a psychology class, the professor wanted to teach one final lesson which she called “a vital lesson on the power of perspective and mindset.” As she raised a glass of water, everyone expected they'd be asked the typical “glass half empty or glass half full” question. Instead, with a smile on her face, the professor asked, “How heavy is this glass of water I'm holding?”

Students shouted out answers ranging from eight ounces to a couple pounds.

She replied, “From my perspective, the absolute weight of this glass doesn't matter. It all depends on how long I hold it. If I hold it for a minute or two, it's fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it feels to me.”

As the class shook their heads in agreement, she continued, “Your stresses and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long, and you will feel completely numb and paralyzed — incapable of doing anything else until you drop them.”

The moral: It's important to remember to let go of your stresses and worries. No matter what happens during the day, as early in the evening as you can, put all your burdens down. Don't carry them through the

night and into the next day with you. If you still feel the weight of yesterday's stress, it's a strong sign that it's time to put the glass down.

I am wishing you a Happy New Year and encouraging you to live with less stress and worries. Empty the glass!

<https://medium.com/motivationapp/the-weight-of-the-glass-a0e120ed90b3>

THANK YOU TO OUR BULLETIN EDITORS LINDA RUGG and MERRILEE BURNS

IMPORTANT DATES:

ANNUAL MEETING FEBRUARY 4, 2023, AT 3:00 P.M.

February 8, 2023, at 9:30 a.m. – MONTHLY BOARD MEETING AT THE CLUBHOUSE.

ALL MEMBERS IN GOOD STANDING ARE WELCOME TO ATTEND.

IF YOU ARE NOT ON OUR FREE COMMUNITY EMAIL DISTRIBUTION LIST, PLEASE CONTACT THE BUSINESS OFFICE. YOU MAY HAVE MORE THAN ONE EMAIL ADDRESS PER HOUSEHOLD.

Please remember to notify the office if you change your phone number, email address, name, or mailing address. It is extremely easy to overlook this, but difficult for the office should we need to contact you. Thank you.

How to Submit Articles to the Bulletin

The **DEADLINE** for submitting articles for the Bulletin is **5:00 p.m. on the 20th of each month** for the following month's issue.

YOU MUST EMAIL ARTICLES to: csपोbulletin@gmail.com. **Do not use** the office email. Be sure to include **the name of the activity** in the "subject" line of your email. Thank you.

NOTE: Invoices have been mailed for the 2023 year's dues. If you have not received the invoice, please call the office at 910-579-2044. Some invoices may not have been received because of slow postal service or people moving without notifying us.

If you **CANNOT** pay the annual dues **IN FULL** by February 28, 2023, **PLEASE** call the office. Payment plans are available, but you need to let us know. It is better to communicate early with us if you may have difficulty paying your dues all at once. All these transactions are confidential.

There will be a late fee if not paid by **March 1, 2023**, and subsequently, if not paid by **June 1, 2023**, a lien will be placed on your property.

ACC Liaison – Jack Csernecky

Just a gentle reminder to all our homeowners. It is our winter season and spring will be here shortly. As you arrange for your weekly/monthly lawn maintenance, keep in mind that the DOR does not permit any contract work on Sundays. (DOR Section 6, General Prohibitions and Requirements, Item No. 23).

So be sure to schedule lawn maintenance service for Monday through Saturday for the season. This does not preclude homeowners from performing their own lawn maintenance by themselves.

ACC Corner – Joe Rochel, ACC Chairperson

Hello again Fellow Carolina Shores Community homeowners.

We are still in the winter season and the ACC would like to help everyone know what issues are still in need of explaining for clarity.

There is **no** work allowed on Sundays by any trades as listed in the DOR Section 6, Subsection 23. This includes any landscapers, gardeners or lawncare personnel. **Homeowners are allowed** to work on their homes and yards on Sundays. Also, trades that work on your home are only allowed to work between the hours of 7:00 a.m. to 7:00 p.m. Monday thru Saturday. **ALL HOMEOWNERS** please note that any work violation by the trades will be a violation against the homeowner directly.

The ACC does not issue fines. Violations are directed to the CSPOA Board and their decision for a fine is based on the event or violation. This includes all new homes in construction.

When any Carolina Shores member fills out the “Request for Inspection” form, you need to fill out the top section for the violating Address, the Date and Reason for Request. The next two sections are to be left blank for the Office personnel to complete. The Member Request line needs to be filled out by the member filling out the form. This line of information is kept confidential.

The HVAC units need to be **screened from view as stated in the DOR Section 6, Subsection 19**. The screening needs to be placed so the unit cannot be seen from any angle when viewed from the street or recreation area. This will sometimes mean the sides of the unit will need to be screened. These restrictions are the same for above ground propane tanks and the generators. The office has guidelines for the type of screening needed.

Recreational vehicles or campers **are not allowed** to be parked on the homeowner’s property or driveway for repairs or maintenance without prior approval from the CSPOA office and only for short periods of time.

The Requests for Inspections or permits from the ACC **cannot** be set up for a specific time of the day. The days the ACC goes out for these items is only done on Tuesday and Thursday from 10:00 a.m. to 12 noon. During periods of high volume there may be a delay for a week later. Please make sure to request a permit early enough to allow you time for the ACC to issue you the permit or inspection.

JOE’S SAYING: “HELP ME HELP YOU”

Garden Club – Charlotte Csernecky



Our January 11 meeting was well attended. Anne Coleman, Master Gardener and consulting Rosarian, provided us with a wonderful presentation and handout on Roses and their care.

Next month’s meeting, on February 8, will be a presentation by Lindsay Adams, nursery manager of Hughes and Hughes Nursery.

Don’t forget our March Card and Game Day. For those members that are new, this is a fun time. Lunch will be served and then the games begin. This event is open to anyone that would like to play. There is generally Bridge, Hand and Foot, Dominos, etc. You can also bring a board game. Get a group together to play the game you want to play. Tickets are \$20.00 and are non-refundable.

The Carolina Shores Garden Club is open to anyone who has a desire to enhance their gardening skills and knowledge, or simply enjoys and appreciates the beauty of nature. It's also a great way to meet new friends and socialize.

The Garden Club meets the second Wednesday of the month, September to May, 1:00 p.m. at the POA clubhouse, 17 Lakeview Ct. Dues are \$10/year. Please contact Mary Conover at 703-409-9612 if you have any questions.

Community Yard Sale

The community yard sale will be April 15 from 8:00 a.m. to 2:00 p.m. More information will be coming.

Chair Aerobics – Mary Timothy

Chair Aerobics will meet at 9:00 a.m. Tuesdays, Thursdays and Saturdays at the POA clubhouse. Let's stay in shape all winter. Bring weights (I suggest 1-pound weights). And a bottle of water. It is fun to exercise with friends.

Tennis – Joyce Disano



Join us for open tennis starting at 8:30 a.m. Monday, Wednesday and Friday at the Carolina Shores tennis courts. Wear proper court shoes. Hope to see you there.

Pickleball - Rick Griffith & Sue Berger



Our Open Play Schedule, is Tuesday at 1:00 p.m., Thursday at 1:00 p.m. and Saturday at 9:00 a.m.

Also, on Saturday, February 4, all courts will be used for a Pickleball Social from 10:30 a.m. - 1:30 p.m. All slots are full. You're welcome to come out and cheer the players on.

*Carolina Shores "Open Play" pickleball is for players of ALL levels of experience including beginners. It is NOT a league or team competition. It is recreational as well as social. Beginners are encouraged to learn and play. Balls are provided during scheduled "Open Play". Please wear "Court" Tennis Shoes and comfortable clothing.

If you're interested in learning how to play pickleball, please contact Rick or Sue.

Check out this site on how to play: How to Play Pickleball - USA Pickleball or go to ([www. USAPickleball.org](http://www.USAPickleball.org))

Rick Griffith [419.262.3832](tel:419.262.3832) / GriffithRJ@hotmail.com

Sue Berger [919.410.1221](tel:919.410.1221) / LeeSueBerger@gmail.com

We hope to see you at the courts!!

Book Discussion Group – Susie Riggs



We discussed two excellent books at our January meeting. The first, Miss Benson's Beetle by Rachel Joyce, is a fictional account of an ordinary woman who leaves her teaching job after thirty years to go on a madcap but emotional adventure in search of the elusive Golden Beetle of New Caledonia. As one member said, this story was "Sweet, witty, poignant. I laughed out loud in parts."

Our second selection, Ordinary Grace by William Kent Krueger, is a novel about a young man, a small town and murder. It all begins in the summer of 1961 with the accidental death of a boy on the railroad tracks in the town of New Bremen, Minnesota. There is mystery, loss and death, but there is also forgiveness, discovery and courage in this stunning book which, according to one reviewer, is "pitch perfect".

Our next meeting will take place at 10:00 a.m. on Friday, February 17, in the POA clubhouse. Our reading selection will be Remarkably Bright Creatures by Shelby Van Pelt. If you live in Carolina Shores, love to read and enjoy talking about what you have read, please join us!

Knit 'n Natter – Diana Mardall



The knitting group will meet this month on the following Mondays, February 13 and 27, 2023, at 6:30 p.m.

If you have any questions, email me at limeylady70@gmail.com or call me at 910-575-7804.

Quilting Group – Gloria Gustavson



As another page of the calendar gets turned for a new year, we again extend an invitation to quilters to join us on the **Second** and **Fourth** Fridays of the month at 10:00 a.m. at the POA clubhouse. We have on-going charity projects and our individual projects that we work on. All are welcome. Need more information: give me a call at 910-297-0066.

Care Team – Flo Pflaster



Care Team Volunteers

I would like to update this list. As of now, there are 59 people who had let me know they would be available to help with neighbors' needs at times. I get few responses, mostly from the same 3-4 people. So, if you no longer wish to be on this list, please text me at 910-368-1070 or email me

at dfp324@atmc.net

If you would like to stay on this list and would prefer to get notifications by email instead of through Nextdoor, please email me at dfp324@atmc.net and I will send out a group email when someone needs help in our community.

If you need help, please continue to let me know by calling the above number or my home at 910-575-6243.

Flo Pflaster

We have many volunteers on the Care Team, ready and willing to help our neighbors with temporary assistance. I will do whatever I can to find someone to help - all you need to do is call or email me!

Thank you,

dfp324@atmc.net

575-6243 home

368-1070 cell

New Neighbors – Flo Pflaster, Margie Pettersen and Charlotte Csernecky

Name: Greg and Krista Borrero

Address: 3 Tern Place

Phone: 845-380-3718

Email: gregb627@gmail.com; knborrero@gmail.com

Krista and Greg moved here from Wappingers Falls, NY where they owned a home built in the 1800's. Krista's aunt bought it so she can still visit and enjoy their old house. They moved to Carolina Shores to be near family who live in the community and be near the beach. They have three dogs: Samantha is an 11-year-old pit bull, Mona Lisa is a 13-year-old pug mix and her brother from a different litter is Kiko who is 14. All of them love the beach. Krista loves the sunrise jogs she takes frequently on the beach with her mom. She is an avid runner, walker, jogger, and loves to read. She is a former librarian. Greg works from home as an IT specialist and technology is also his hobby. They are excited to be setting up their new and modern home in Carolina Shores.

If you recently purchased a home in Carolina Shores and have not been greeted by the Welcoming Committee, please contact Flo at 575-6243 or dfp324@atmc.net

Sales and Services

DISCLAIMER: The CSPOA assumes no responsibility for the services provided in the following ads. It is the customers' responsibility to find out if the service provider is **BONDED AND/OR INSURED**.

 <p>Mary Conover, Your Carolina Shores Realtor and neighbor, Mary Conover will utilize her 34 yrs. Experience for a quick, stress-free sale, at the best price possible. Coldwell Banker Sea Coast Advantage, Calabash, (703)409-9612. Call today for a pricing opinion. Remember . . . Conover Cares!</p>	 <p>Want to sell your existing home at top dollar? Looking to buy the perfect home for you at the right price? Contact Lon Forehand, Carolina Shores resident and Realtor with VRG Realty. Licensed in NC & SC Call/Text Lon at 540-607-2609 or email at lonforehand@gmail.com</p>
 <p>LeFevre Bikes – All American Bikes Vision Square Plaza, 10195 Beach Drive, Calabash Sales, Service, & Rentals lefevrebikes@yahoo.com 910-575-0509 Opening mid-November</p>	 <p>STATELINE PET TAXI, LLC Providing Safe, Timely, Reliable, Compassionate Transportation for your precious pets to and from Veterinarian Appointment, Grooming Appointments, Doggy Daycare, Boarding Facilities. Registered USDA, Fully Insured & Bonded. Call – 910-553-0838 or text Stalinetaxi@outlook.com</p>
 <p>PERSONAL-IN-HOME CARE/ HOUSEKEEPER – loving and caring Certified CNA. I love what I do. Resident of Carolina Shores. Will run errands, attend doctor appointments, light housekeeping, etc. Call Lucille Pedersen at 980-253-7175.</p>	 <p>L & D Painting – Larry Gonzalez, resident. Office: 910-575-6624, Cell: 843-315-5272 Licensed & Insured in NC and SC.</p>
 <p>Child, Family and Adult Therapy For help with Depression, Anxiety, PTSD – Get help now. Call Gaye Lynn Schankweiler, Licensed Professional Counselor –Cell: 303-378-2204</p>	 <p>New Hair Stylist in Calabash “Hair By Gigi” 9222 Beach Dr., Calabash: 910-409-1230 Hairbygigi1@gmail.com New customer specials: Mens’ cuts - \$10.00, Color and Cut - \$60.00, and Partial Highlight, Cut, Style - \$70.00</p>
 <p>Do you need help walking your 4 legged friend ? Experienced dog owner available to help with your pup. Contact for availability and price. Call Paul M at 508-280-8159 or email psm110@yahoo.com</p>	 <p>Crooked cabinet doors? Tired of hearing them slam? Contact Lou Machado, Carolina Shores resident, owner of Faith Renovation. I will adjust and install soft close hinges. Special package deal. Call or text Lou for an appointment. 704-880-1820</p>

“For Sale” ads must be renewed by the **20th** of every month to appear in the the following month’s bulletin. **Business ads** must be renewed every three months as follows: by the **20th of May** for June, July and August bulletins; by the **20th of August** for September, October and November bulletins; by the **20th of November** for December, January and February bulletins; and **20th of February** for March, April and May bulletins.

PAVILION and RECREATION AREA CALENDAR

Pavilion and Recreation Area Calendar for February 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30 Tennis	2 1:00 Pickleball	3 8:30 Tennis	4 9:00 Pickleball
5	6 8:30 Tennis	7 1:00 Pickleball	8 8:30 Tennis	9 1:00 Pickleball	10 8:30 Tennis	11 9:00 Pickleball
12	13 8:30 Tennis	14 1:00 Pickleball	15 8:30 Tennis	16 1:00 Pickleball	17 8:30 Tennis	18 9:00 Pickleball
19	20 8:30 Tennis	21 1:00 Pickleball	22 8:30 Tennis	23 1:00 Pickleball	24 8:30 Tennis	25 9:00 Pickleball
26	27 8:30 Tennis	28 1:00 Pickleball				

Clubhouse Calendar for February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:00 Exercise	2 9:00 Chair Aerobics 10:00 Mah Jongg 4:00 Rec Committee 6:00 Men's Poker 6:30 Dominos 7:00 Men's Poker	3 8:00 Exercise 6:30 Friday Night Poker	4 9:00 Chair Aerobics 3:00 Annual Meeting
5	6 8:00 Exercise 1:00 Maj Jongg 6:30 Ladies Poker 6:30 King's Row	7 9:00 Chair Aerobics 3:00 Renegades Annual Mtg	8 8:00 Exercise 9:30 Board Mtg 1:00 Garden Club 6:00 Bunco	9 9:00 Chair Aerobics 10:00 Mah Jongg 6:00 Men's Poker 6:30 Dominos 7:00 Men's Poker	10 8:00 Exercise 10:00 Quilting / Needlework Guild 6:00 Friday Night Poker	11 9:00 Chair Aerobics
12	13 8:00 Exercise 1:00 Maj Jongg 6:30 Ladies Poker 6:30 King's Row 6:30 Knit 'n' Natter	14 9:00 Chair Aerobics 1:00 Ladies Poker 6:00 Bunco	15 8:00 Exercise	16 9:00 Chair Aerobics 10:00 Mah Jongg 6:00 Men's Poker 6:30 Dominos 7:00 Men's Poker	17 8:00 Exercise 10:00 Book Discussion Group 6:00 Friday Night Poker	18 9:00 Chair Aerobics
19	20 8:00 Exercise 1:00 Maj Jongg 6:30 Ladies Poker 6:30 King's Row	21 9:00 Chair Aerobics	22 8:00 Exercise 10:00 Mexican Train	23 9:00 Chair Aerobics 10:00 Mah Jongg 6:00 Men's Poker 6:30 Dominos 7:00 Men's Poker	24 8:00 Exercise 10:00 Quilting / Needlework Guild 6:00 Friday Night Poker	25 9:00 Chair Aerobics
26	27 8:00 Exercise 1:00 Maj Jongg 6:30 Ladies Poker 6:30 King's Row 6:30 Knit 'n' Natter	28 9:00 Chair Aerobics 1:00 Ladies Poker				

Recycle Center Schedule

Windshield Sticker Required

Monday, Tuesday, Thursday, Friday 9:00 a.m. – 3:00 p.m.

Wednesday, Saturday 7:00 a.m. – 12 noon.

Closed Sunday

Please check the town website for adjusted hours.

2023 Holiday Schedule: January 2, January 16, April 7, May 29, June 19, July 4, September 4, November 10, November 23, December 25.

Important: DO NOT LEAVE CAR PARKED AT THE TRASH COMPACTOR WHEN DISCARDING ITEMS IN THE RECYCLE BINS.

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